Native American Communities had a conscious ongoing relationship to their habitat (land, water, wildlife). Their survival and culture were built upon seeing themselves as an integral, active part of nature and the ecology. Our 'Cultural Story' tells us nature is separate from us and forests, oceans, wildlife habitats, etc. are our natural 'resources or 'scenery'.

Why an Earth Walk?

- 1. Isolation contributes to increased mental illness and social
- 2. To provide a non-digital family-focused fun and connecting adventures
- 3. Caring for environment is caring for yourself

Earth Walk Benefits

- 1) Walking softly on the land invites a conscious relationship to nature
- 2) Collaboration with Indigenous people supports resilient communities
- 3) <u>Mindful walking improves:</u> mental, emotional, social, physical and ecological benefits and inspires stewardship behaviors (when you connect you care)

An Earth Walk supports holistic well-being while inspiring deeper gratitude. As you slow down to smell the rocks, feel the wind, listen to the trees and try to determine the shape of water, sounds have new meaning, wildlife begins to move (when you don't) and colors convey their distinct harmonies.

STEP 1:

Locate site: trail and unique features. Parking, bathrooms and a docent on-hand will also guide the site choice. Identify a ½ mile to mile loop trail or area in the park that can be assigned as an earth walk trail.



STEP 2:

Identify the local indigenous community and a native icon they are willing to guide and/or construct at the gateway to the Earth Walk. During construction of the site, they can share indigenous wisdom that becomes the basis for the adventure. Collaboration during construction can involve local schools and community members to learn and participate with press to create insight and buzz.







STEP 3: Facilitation: people to create the adventure (trail team, researchers, docents). Enroll a local student or local group willing to participate in creating trail highlights that will be a part of the signage and guidebook.







Step 4: Guidebook, signage and promotion

Drafting Booklet: mapping the walk, guidelines and activity directive Production of Booklet: layout, illustration, printing, etc.

Online calendar of events: that will be held at the site, especially involving native culture: medicine walks, ancient crafting, story-telling, stewardship activities, etc.

Promotion: Social Media marketing, Press (fam-tours), enrolling community groups

Maintenance: security camera, structure upkeep, online updates







Sponsorship Levels (one way to fund the site)

Above Us Only Sky Benefactor - Sustaining support

\$5,000 annual

all of below + Sharing your story and contribution in all media, press and on back cover.

10 Booklets with Cover or...50 paper (only) booklets

and..5 custom Leather Covers

Big Water ~ Stewards of Tahoe honoring All Beings of Nature

\$2,500

full page placement in all Earth Walk booklets included in marketing.

Banner promotion on Website

Shout out for your stewardship to the watershed

Call out in marketing efforts like radio PSA's, and other advertising

5 Booklets with Cover or...25 paper (only) booklets

3 Custom Leather Cover

Eagle ~ Strong vision, able to soar

\$1,000

1/2 page placement in all Earth Walk Booklets

Website promotion with copy sharing your contribution to the watershed.

Shout out for your stewardship to the watershed

20 paper (only) booklets

1 Custom Leather Cover

Bear ~ Indicator Species of a Healthy Forest

\$500

1/4 page placement in Earth Walk Booklets in your area

Website promotion with copy sharing your contribution to the watershed.

10 paper (only) booklets

1 Leather Cover

Lahontan Trout ~ Native powerful swimmer against all odds

\$200

Logo placement in one Earth Walk Booklet of choice.

Website promotion with copy sharing your contribution to the watershed

5 paper (only) booklets

Sugar pinecone a special conifer critical to Tahoe's water clarity

\$100

1 Booklet with Cover or...3 paper(only) booklets.

Name printed in an Earth Walk

Earth Walk Sponsorship Form

Name		
Company		
Address		
Phone	Cell	
Email	Website	
Please share your sustainable practices and/or contribution to the watershed:		

Level of Sponsorship

Above Us Only Sky~ Benefactor for ongoing support \$5,000

Big Water ~ Stewards honoring All Beings of Nature \$2,500

Eagle~ Strong Vision...able to Soar \$1,000

Bear ~ Indicator Species of a Healthy Forest \$500

Lahontan Trout ~ Native powerful swimmer against all odds \$200

Sugar pine cone ~a special conifer critical for Tahoe water clarity \$100

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